



"Sometimes,
nature
is all
you need,"

SAFELY OUTDOORS

Mental Wellbeing & Nature in Youth Work

Two parted training course for people over **18** years, working with young people purposefully and professionally in **Finland, Germany or Spain.**

First training course in Finland, Vihanti 18-24.3.2024
Second in Germany, Heilbronn 25.08.-31.08.2024

WHAT'S ALL ABOUT

The goal is to increase the skills of employees working with young people to support youngsters growth with the help of experience pedagogy and low profile methods that increase the relationship with nature. The youth workers gain skills on how to plan, prepare and carry out activities safely and how to act in surprising situations in nature.

The first training course take place in Finland, Vihanti and it will primarily cover outdoor first aid, the importance of interaction with nature and different low profile methods of experience pedagogy.

The second part will be held in Germany at Heilbronn, Red Cross's training centre. This training course aims to provide trainers with targeted support in critical situations that can escalate into severe emergencies in outdoor settings.

It is desirable that the participants are able to participate in both trainings in order to achieve the best learning result.



INFO

For: 

18 participants;
6 per each country

Working language: 
English

Costs: 

The cost of the accommodation and food of the participants is fully covered by the Erasmus + grant in both training courses.

Travel reimbursement will be covered up to certain amount depending on the traveling distance of the participant.



APPLY NOW!



Application deadline

31.1.2024

Apply from here:

<https://link.webropol.com/s/safelyoutdoors>

CONTACTS[≡]

**In any questions, please
contact the representative of
your country**

Finland: Riikka Kylmäoja,
Nouseva Rannikkoseutu

✉ riikka.kylmaoja@
nousevarannikkoseutu.fi

☎ +3584578355167

Germany: Carina Menakker
Deutsches Rotes Kreuz
Kreisverband Heilbronn e.V.

✉ c.menakker@
drk-heilbronn.de

☎ +4915159213189

Spain: José Manuel
Márquez Ruiz

Asociación Juvenil
"Jarrón Club"

✉ jarronclub@hotmail.es

☎ +34644471444